

AGING IN INSECTS: AN OVERVIEW

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ABSTRACT

Aging can be defined as a decline in rate of physiological repair, an increase in probability of death and a decline in fertility with advancing adult age. It affects virtually all demographic, behavioral and physiological parameters in an individual. Its effect on activity levels and reproductive behaviour such as mate choice are well studied in insects. Reproductive attributes such as fecundity and egg viability are affected by the age of mating pair; however effects of paternal age are less studied. Effects of maternal age on offspring life span are well established in many animal groups (Lansing effect). Many theories have been proposed to explain the causes and evolution of aging; viz. mutation accumulation hypothesis, antagonistic pleiotropy hypothesis, disposable soma theory. Lansing effect may also play an important role in evolution of aging emphasizing the importance of parental age at the time of reproduction.

Keywords: Aging; Mate Choice; AternalAge; Paternal Age; Progeny Fitness

INTRODUCTION

Aging is a function of time over biological systems. It has fascinated the scientists the world over since it affects each and every aspects of life. It still remains a great mystery although systematic efforts have been going on since last century to understand it. It affects the life attributes and physiology of organisms.^[1,2,3] All over the biological world only a small percentage of organisms survive in nature that are subjected to age. The effects of aging are much more pronounced in captive populations that live in benign condition.^[4,5] Insects being a good model, a lot of base line studies have been conducted on them^[6] although there are numerous studies on human beings and other mammals.^[7,8,9,10] Since, life span of insects is very short so the genetics and evolution of genetics had predominantly investigated in insects.^[6]

Aging has been defined in many ways. As per physiological definition it is a decline of state of repair with increasing age. While actuarial definition states it as an increase in mortality rates of a population with increasing age. As per evolutionary definition it is a persistent decline in components of fitness (rates of survival and reproduction) with increasing age.^[11]

Thus, aging can comprehensively be defined as a decline in fertility, a decline in rate of physiological repair and an increase in probability of death with advancing adult age.^[11] There are numerous prolonged demographic studies that report aging in the form of an increase in probability of death and decline in fertility with advancing adult age.^[12] Its rate may differ and evolve in different organisms although it is recognized that aging is maladaptive.^[13]

Keeping in view the universal presence of aging this article aims to review the studies on aging, aging theories, aging rates and aging effects on life attributes in insects.

THEORIES OF AGING

Various theories have been put forward to explain the phenomenon of aging and its causes and evolutionary significance. These theories can be summed up into two categories intrinsic (programmed) and extrinsic (Stochastic).^[14] These two types of theories interact also such as in *disposable soma* (extrinsic) theory.

There are many theories that may fall into intrinsic theory category such as *mutation accumulation* hypothesis and *antagonistic*

pleiotropic hypothesis. *Mutation accumulation* hypothesis states that the aging is caused due to the increase in mutation rates along with the decreasing force of natural selection and this in turn leads to less probability of survival at later ages.^[3,15,16] This corroborates with the studies conducted since 1940's where evolutionary biologists have argued that the age related decrease in the force of natural selection leads to evolution of aging.^[17,2,3] According to *antagonistic pleiotropic hypothesis* a new mutation that increases fertility and fitness levels at young age at the expense of lowered fitness levels later in life (pleiotropic effect) will be selected.^[2,15,16]

Disposable soma theory of aging explains that aging is an environmentally driven balance between investment in reproduction and maintenance of soma.^[18] It observes that (i) somatic maintenance has a cost, (ii) maintenance of the soma more than the natural expectation of life is disadvantageous, and (iii) maximum deaths in natural populations is due to extrinsic mortality. This is a physiological ecology based life history optimization theory that somewhere converges with the antagonistic pleiotropy theory of aging.^[19,18] According to Heininger(2012)^[14] aging is a deprivation syndrome driven by a germ soma conflict. This helps to explain the multiple life history trade-offs occurring in organisms.

The studies conducted on *Drosophila melanogaster* have substantiated the mutation and antagonistic pleiotropy theories of aging.^[20,15,21,22]

Results of experiments conducted on *D. melanogaster* about age specific genetic variance^[23,24,25] & inbreeding depression^[26] have corroborated the importance of mutation accumulation in aging. However there are studies on artificial selection experiments that enforce the importance of pleiotropy. Gerontologists have shown great interest in antagonistic pleiotropic studies.^[21,27]

EFFECTS OF AGE ON LIFE TRIBUTES

On Activity Levels

Predator's age have been found to influence rate of predation in ladybird beetle, *C. transversalis* and *C. sexmaculata*. Rate of assimilation and speed of locomotion were also found to decline with increase in age that indicates senescence.^[28]

Almost all demographic, behavioral and physiological parameters are known to quali-

tatively deteriorate with the increase in age.^[12,29]

Reproductive senescence in terms of decrease in fecundity and exhaustion of reserves in adults has been demonstrated in hymenopteran parasitoids,^[30] lepidopteran^[31,32,33] & ladybirds.^[34]

On Mate Choice

There are many studies that investigate the role of age in the choice of mates in insects. These studies have come out with three various models that explain the behavior of female exerting the age based choice of mates. Few studies suggest that females tend to choose old males as mates and this formulates the good genes model or indicator mechanism.^[35,36,37,38] This theory explains that older males have proven their fitness by their long survival thus should be selected.^[29,40] There are many studies to substantiate the same.^[41,42,43,44,45,46,47]

This model suggests that that individuals differ in genetic quality leading to increased survival and fecundity of higher quality individuals at all ages.

However there are some contrary reports.^[48,49,50,51,52]

Mate choice model put forward by Hansen & Price (1995)^[53] presents that females choose younger males as mates.^[54,55] They suggest that a trade-off between early and late-life fitness components is likely to lead to such preference.

The third model suggests that female choose middle aged mates.^[56,57]

On Mating Incidences

There are many studies that report the effect of aging on mating incidences *i.e.* how many mating does a insect undergoes at different ages. Age specific mating incidences have been recorded in *Adalia bipunctata* to analyze the phenomenon of protandry and protogyny.^[58] The males started mating after 4 days of age while female mated at the age of 2 days in *Coccinella septempunctata*. Age related decrease in willingness to mate and decrease in mating incidences were found after 40-50 days of age in both the sexes of this beetle.^[59] In pale morph of *Propylea dissecta* few younger females have chosen the older males while older females have chosen the older males.^[60]

On Male Reproductive Attributes

There are very few studies on insects dealing with effect of paternal (male) age on reproductive fitness of its own or that of females. Studies in ladybirds considering the assessment of paternal

age effects on reproductive attributes came out with significant results. Viability of eggs laid was found to be male-age-dependent function. Up to the age of 30 days there was no decline in percent viability in pale morph of *Propyleadissecta*^[60] and decline was observed after 30 days in *Coccinellaseptempunctata*^[59] and *Cheilomeness exmaculatus*.^[61]

The effects of male age and its effects are largely ignored aspect of studies in insects. However Fox *et al.*, (1995)^[62] dealt with variation in ejaculate size with age and its effect on female fecundity.

On Female Reproductive Attributes

Some lepidopterans exhibit a decline in egg production with increasing age of mother.^[63, 64, 65, 66, 67, 68] Decline in egg size with advancing maternal age have been reported in butterflies that lay their eggs singly.^[69, 70, 71, 72] In braconid *Microplitis croceipes* (Cresson),^[73] chalcid, *Brachymeris intermedia* (Nees)^[74] and Female moth *Epiplatyspostvittana* (Walker)^[75] showed decreasing fecundity and fertility with increasing age.

In ladybeetle, *C. montrouzieri* fecundity was significantly affected by the age of female, as 5 to 15-day-old females laid larger number of eggs.^[76] In ladybirds *C. septempunctata* and *P. dissecta* (pale morph) fecundity was affected by the advancing age of the females. Senescence was reported after 20 days in females of both the ladybirds.^[60, 59]

In *Drosophila melanogaster* it was reported that the last male sperm precedence declined significantly in three strain of the species indicating the start of senescence as physiological deterioration.^[77]

Effect of Aging on Offspring Fitness

The younger mother, on the average, had the longest lived offspring-Alexander Graham Bell (1918). Researchers have found that in insects older mothers have shorter lived offspring in house flies,^[78] fruit flies,^[79] stink bugs,^[81] flour beetles,^[82] and mealworms.^[83, 84] This is referred to as the *Lansing effect*, after Albert Lansing's (1947, 1948, 1954)^[85, 86, 87] renowned work on rotifers.

In *C. montrouzieri* the female age had non-significant effect on development of grubs.^[76] However in fruit flies it was reported that delayed

mating of mothers had affected the rate of recombination and non-disjunction in their offspring.^[88] In *Brachymeria intermedia* (Nees) maternal age controls its population growth.^[89]

Priest *et al.*, (2002)^[90] reported that age of mother had affected the longevity of her offspring. In the wild caught strain of *D. melanogaster* age of mother had affected the male progeny life expectancy. It was found that mothers which reproduced continuously throughout their life have offspring with higher life expectancy than the mothers with delayed reproduction. The results show that maternal age affects the patterns of aging of offspring.

A single study in ladybirds demonstrates that the age of parental generation affects the reproductive parameters of progeny thus playing critical role in determining fitness of future generations.^[91]

CAUSES AND EVOLUTION

Kirkwood (2002)^[10] explains aging with the disposable soma theory that tells that aging is a balance between investment in reproduction and maintenance of soma which is also environmentally modulated. Whereas, Heininger (2012)^[14] has explained aging as a deprivation syndrome driven by a germ soma conflict.

The Lansing effect predicts that the older mother produce short lived offspring. This effect may also have a significant role in the evolution of aging. Natural selection may also operate on the offspring produced by parents of different ages thus influencing the evolution of aging provided the effect of parental age on offspring longevity varies among different genotypes.

There are many studies that show that longevity and survival of the organisms including insects depends on their sexual activity in males and reproductive efforts in terms of mating, oviposition in females.^[92, 93, 94, 95, 96]

Life history evolution for understanding the mechanism of aging has been explained by resource allocation models. This model postulates that there is a trade-off between different life history traits and reproduction is costly and often results in either lowered fecundity or survival.^[1, 97, 98, 99, 100, 101]

This trade-off is well studied in Arthropoda especially in insects.^[20, 94, 102, 27, 103] Increased reproduction is costly as it may lead to

reduced longevity. In female insects it is expressed as purely phenotypic effects^[35,102] or as additive genetical effects.^[104] It is very well demonstrated in *D. melanogaster*.^[92]

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